Continue activities following the story - Up and Over



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הוֹצָאָה: המבוך
Age Group: **Preschool (3-5)**

קְרִיאָה

A discussion on fear and encouragement
As our children grow up, they experience various fears, but discussing them helps them to cope with them, while instilling in them a sense of security. Together you can choose to discuss what they find scary, and what helps them overcome their fears.

קְרִיאָה

Listening to a story
Would you like to hear Maayan and listen to everyone cheering her on? Scan the code and listen to the story together.

הַסִּפּוּר לְהַאֲזָנָה ⍰ עִבְּשָׁו בְּפּוֹדְקַאסְט שֶׁל סִפְרִית פִּיג'מָה!

לְצֵאת הַחוּצָה

בגן **At the playground**

After reading this book, you may enjoy going to the playground together, and trying out the equipment together as well as separately. Perhaps you would like to invent a special course from the slide to the swing and so on that would bring joy to all of you.

קְרִיאָה

Family encouragement

“Hooray, Maayan!” Everyone calls out when Maayan is scared. How do you cheer one another on? Perhaps you could come up with family words of encouragement, find a motivating song, or a chant you all agree on that cheers you up and gives you strength.

הַשְׁרָאָה

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