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הוצאה: צלטנר  
Age Group: **First Grade**



### **A discussion on yearning**

How does yearning feel? Have you ever missed someone? Who? – This book is an opportunity for a discussion during which you, parents, can share your own experiences of missing someone and waiting for their return.



### **What does it mean to miss someone?**

Pupik misses his father, and Ohad knows exactly how he feels. They share their feelings, and think of things they could do while missing someone. You may want to scan this QR code to watch them, and get some good advice for times when you miss others.



### **Arts & crafts – A yearning box**

Does it feel like time is standing still while you are missing someone who is away? – You may want to make a box filled with items that could make time go by faster, and make you forget about that person's absence for a while. How about putting some photos of the two of you in it, materials with which to make a gift or a drawing for them, which

you could give to them upon their return?

 ציירה

### **A game for passing the time**

A minute can go by very quickly, or it can almost stand still. Would you like to try? – Set your timer for one minute, choose an activity, and do it for a full minute: Hopping on one leg, sitting still, finding items beginning with the letter G – Which activity helped time pass by faster? And which activity made it go by extra slowly?

 השקראת

### **Pinterest**

[Arts & crafts, songs and other activities are available on the Sifriyat Pijama Pinterest page](#)

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[www.pjisrael.org](http://www.pjisrael.org) More activities on the Pajama Library website