

Continue activities following the story – This is How We Plant a Seedling

ספריית פיגמה



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הוצאה: ספרית פועלים

Age Group: **Daycare (2-3)**

לצאת החוצה

### **This is How We Plant a Seedling**

You can also plant at home or in the garden: Dig a hole in the ground, place the seedling inside, tighten the soil around it, and water it. Not sure how to plant? Follow the instructions in the book...

השרצה

### **Movement — How does a seedling grow?**

It is a good idea to demonstrate with body movements how a seedling grows: bend low, straighten up slowly, stand on your tiptoes and finally, raise your arms up and sideways.

משחק

### **Game: Quickly-Slowly**

“How do you plant a seedling? Neither fast nor slow.” You can have fun with quickly or slowly: “Now we will walk... quickly. And now... slowly!” “Let’s roll our hands... slowly, and let’s roll our hands... quickly!” What else can you do quickly and slowly?



**Song — “This is how we plant a seedling”**

“This is how we plant a seedling” is a song with a melody composed by Mati Caspi. You can sing it together with movements, dance and clapping of hands. Scan the QR code to upload the song and sing together.



**Pinterest**

[Crafts, songs and activities can be found on Sifriyat Pijama Pinterest “This is How We Plant a Seedling”..](#)

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[www.pjisrael.org](http://www.pjisrael.org) More activities on the Pajama Library website