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הוצאה: כנרת

Age Group: **Daycare (2-3)**



קריאה

### Reading together

While reading, it is useful to include the hands on each page, follow their path and imitating their movements. Parents and toddlers can do this together: “walk” the hand on fingertips, make the hand jump, knock on the door in the picture, and be active readers throughout the entire book.



משחק

### Hand Games

It's so much fun to play with hands! Each and every one in turn makes a certain movement, and the rest of the participants imitate it. You can clap your hands, wave hello or goodbye, signal for “quiet” or fly!



יצירה

### A Family of Hands

Who has a small hand? Who has a large hand? Each family member is invited to place their hand on a sheet of paper. You, the parent, will draw the contours of the hands, and the toddlers will decorate and paint. The picture of all the hands can be kept as a memento, and you can also repeat the activity year after year and see what has changed.



### Singing Hands

You can sing songs accompanied by hand movements, such as “I have ten fingers” or “My hat has three corners.” It’s a good idea to add hand gestures to your singing, and you can add finger movements to other favorite songs. Have fun!

“[עשר אצבעות לי יש](#)” מאת רבקה דוידית

[מחרוזת שירי ידיים](#) מאת דתיה בן דור

“[איפה האגודל](#)”



### Pinterest

[Pinterest](#) – Crafts, songs, and activities in the Sifriyat Pijama’s Pinterest page.

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[www.pjisrael.org](http://www.pjisrael.org) More activities on the Pajama Library website