



By: **Vered Leber**

Illustrations: **Kinneret Gildar**

הוצאה: כנרת

Age Group: **Preschool (3–5)**



Family reading advice

Reading a book together can evoke thoughts, feelings and emotions in children: Like the young bird, they can feel small and fragile; like Efrat, they can feel misunderstood, or determined to go on doing what they believe is right. We recommend sitting close together, and accompanying the reading with a soothing stroke: Touch brings parents and children closer together, and strengthens children's faith that they have someone who supports them, and is attentive to the feelings that the book evokes in them.



Getting bigger

Little Peanut is getting bigger, and Efrat, who is discovering independence and responsibility, is getting bigger too. You can discuss and ask your children what makes them bigger and more responsible than they were before – are they taking care of a pet, for example? Doing things on their own? Helping their friends and around the house? We recommend always reminding children about the areas in which you, as parents, see that they have made progress and grown. Doing so makes children feel good, and bolsters their self-confidence.



Helping animals

You can also help the animals in your surroundings: You can make a feeding station for birds containing crumbs; place a water bowl for cats; make a sign protecting an anthill, or think of your own ways of helping the animals in your surroundings.



Where are the animals?

The illustrations in this book depict various animals – some are stuffed, drawn or playthings, some are real, while others appear in the children's thoughts. Can you find them?



Jumping, skipping, flying

Do you like to move? Look at the page on which Little Peanut learns how to fly, and try to move along with the story: You can grow wings, hop, skip, or even try to pretend to fly.



Pinterest

[More arts & crafts, songs and other activities can be found on the Sifriyat Pijama Pinterest page](#)

www.pjisrael.org More activities on the Pajama Library website