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הוֹצָאָה: ידיעות ספרים
Age Group: **Preschool (4-6)**

שִׂיחָה

Discussing — Doing things on my own

"He who sowed sorrowfully, now reaps joyously" – the children in this book enjoy working hard and being independent. Do you, children and parents, enjoy working and creating yourselves? What kind of work do you enjoy doing together with friends or family members, such as your grandparents? And what do you enjoy doing all on your own?

You may want to think together about the kind of work that you find hard, but also rewarding.

יְצִירָה

Simple pleasures

There are simple, everyday pleasures like drinking lemonade together, smelling a fragrant flower, or listening to a story. You may enjoy making a family collection of pleasures together: draw moments of joy on notes, and post them up in a central area of your house. You could “pick” a note each day, plucking it off the wall, and taking a moment to share some simple joy together.

מִשְׂחָק

Playing a fragrant game

This book mentions many scents – lemons, herbs, and roses – that may inspire you to play the following aroma quiz: pick some fragrant items (soap, a vanilla bean, mint leaves, orange zest, etc.) and start playing. Take turns closing your eyes, smelling one of the items given to you, and trying to guess what it is. Can you guess by using your sense of smell alone? You could allow participants to use their sense of touch too. When the game is over, you could place the fragrant items in a small basket, and smell them in moments of simple pleasure.

לְצֵאת הַחוּצָה

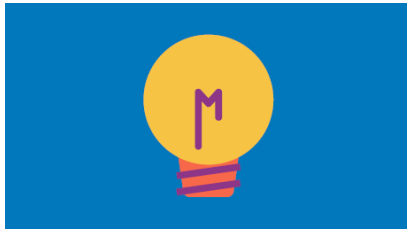
Growing joyously

You may want to take a walk near your home to look for fruit trees, flowers, or herbs. You could try growing some herbs in your garden or a planter – mint, tree wormwood, sage, or lemongrass. This could be the perfect opportunity to give your child a job – being responsible for watering the plants – so that when the time comes, they will be able to pick them joyously, and use them with pleasure!

הַשְׁרָאָה

פינטרסט

_ suggestions for game cards and arts & crafts can be found on the PJLibrary Pinterest page.



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