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הוֹצָאָה: כנרת
Age Group: **First Grade**

שִׂיחָה

Amalya's magic

You may want to discuss Amalya's "magical secret", which helped her believe in her drawing ability. What made her believe in herself, and how did she help the boy she met at the exhibition believe in his own talent? What do you think happened after the boy signed his drawing? You could try to continue the story.

יְצִירָה

Pep talk campaign

This story demonstrates the power of encouraging words of reassurance. You could announce the launce of a "pep talk campaign" at home: cut out notes of various colors and sizes, and have all family members write encouraging words and phrases on them. Hang the notes in various places around the house: on the fridge; on the bathroom mirror; in your schoolbag; under your pillow... When your self-esteem drops and fear takes over, all you have to do is look up and remember that a team of cheerleaders is behind each and every one of us.

יְצִירָה

Every painting starts with a dot

Every painting starts with a dot: You may want to take a sheet of paper and crayons, and make a joint drawing – the parent starts with a dot, and the child adds another detail, followed by the parent, and so on. At the end of this exercise you will get a shared drawing that each of you made a small contribution towards, which began with a single dot.

לְצֵאת הַחוּצָה

a visit to the exhibition

Every work of art, be it as small as a dot, can grow and evolve into an entire exhibition. You may enjoy taking your child to an exhibition at a gallery, theater, or museum. Perhaps you could pick a piece your child especially likes, and try to think which point the artist started from, and what they were trying to express.

שִׂיחָה

Overcoming difficulties

Amalya's teacher tells her to "just make a mark, and see what happens". You may want to remind one another of your child's or your own achievements that once seemed impossible. How did you overcome the difficulties along the way? Did anyone encourage you to get there? You could tell your child about a person that encouraged you to believe in yourself.

כְּלָלִי

Looking ahead

Every mountain climb begins with a single step. What sort of capabilities and talents

would you like to develop? Is there a member of your family who can help you get there? What are you able to teach others? Who can you encourage?

To learn more about The Dot and author Peter H. Reynolds, and for more activity ideas, please visit www.peterhreynolds.com/dot

www.pjisrael.org **More activities on the Pajama Library website**