Continue activities following the story – Mrs. Biddlebox In Hebrew, “Isadora, What a Day”



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Illustrations
הוֹצָאָה: מטר
Age Group: **Preschool (4–6)**

כְּלָלִי

Family Activities

- Many things cause Isadora’s morning to be gray and gloomy. Look at the illustrations. Search through them with your children and seek out all the things that are difficult for Isadora and that annoy her. You may ask your children: “Does it ever happen to you that you get up ‘on the wrong side of the bed’? What is most difficult in this kind of morning? How do you respond when it happens?”

- Isadora isn’t alone during her day. A small goose accompanies her throughout the entire story! You may want to tell your children about the help that you receive from friends or from family members whenever you are in a bad mood, and suggest that they give thought to who accompanies and helps them to “sweeten” difficult situations.

- Isadora gathers up her gloomy morning and transforms the difficulties into a cake. You, too, can prepare a cake, and sweeten it even more by adding chocolate sprinkles, raisins or candies. You may want to relate to all the sweet additions as symbols of difficult things in the children’s lives, thereby demonstrating the expression “Me’az yatza matok” (Out of the strong came sweetness).

- Isadora is very active. She dances, plucks, bakes, and in the end eats the entire

cake! You and your children are invited to make a list of ten ways to overcome a bad mood. You can prepare an illustrated list together and to hang it in a convenient place, as a reminder whenever the need arises.

- Little by little the illustrations in the story change from black to gray to pink. You might explain to the children the special symbolism of various colors. For example, the color pink symbolizes happiness and being positive. It would be fun to prepare some "rose-colored glasses" together from construction paper and rose-colored cellophane. Put them on and see how everything looks different!
- What do you think: Do you and your children think that eating the entire cake was a good idea?
- You and your children may want to invent a different ending for the story. Send your ideas to the Sifriyat Pijama website pj.crunchcart.com, and we'll post them on the site!