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הוצאה: עם עובד

Age Group: **Preschool (4-6)**



#### **Activities You Can Do at Home**

- Flip through the pages of the book together and ask your children to tell you the story in their own words, using the illustrations as guides. You may also choose dolls or stuffed animals to represent Aliza and her friends, and enact the story together.
- Everyone feels lazy at times. You can discuss this together: when do we find it hard to do things? Maybe it's when we first get out of bed in the morning, or when we have to do chores we don't like?
- Sometimes young children are actually mature enough to perform certain tasks by themselves, but they don't do so because they're accustomed to getting help. You and your children could brainstorm about which tasks you tend to do for them—and then choose one task that they can now do all by themselves. Be sure to give them positive feedback when they show you how independent they can be!
- Who are Aliza the duck's friends? Who are your children's friends? And who are your friends? Think of the things that Aliza and her friends enjoy doing together, and then share how you spend time with your friends, and have your children tell you what they like to do with their own friends.

- You could bake a cake together and invite friends over for a tea party, just as Aliza the duck and her friends do at the end of the story.
- If you know the fable: “The Grasshopper and the Ant,” you could tell it to your children.

We hope you enjoy reading and discussing together this book!

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